



# Choi Traditional Taekwondo Academy

## Class Schedule



### Monday

- 4:00 - 4:40 Basic Course (4-6 Years Old)
- 4:40 - 5:20 B.B.C. I (Yellow - Green, 4-6 Years Old)
- 5:00 - 5:40 B.B.C. II (Purple - Probation, 4-6 Years Old)
- 5:40 - 6:55 Master Club (Children)
- 7:00 - 7:45 Basic Course
- 7:00 - 8:00 B.B.C. (Yellow - Probation Black)
- 8:00 - 9:10 Master Club **(Adult Only)**

### Tuesday

- 4:15 - 5:00 Basic Course (Children)
- 5:05 - 6:00 B.B.C. I (Yellow - Purple)
- 6:00 - 7:00 B.B.C. II (Blue - Probation)
- 7:00 - 8:00 Basic Course & B.B.C. **(Adult Only)**

### Wednesday

- 4:00 - 4:40 Basic Course (4-6 Years Old)
- 4:40 - 5:40 B.B.C. (Yellow - Probation, 4-6 Years Old)
- 5:40 - 6:55 Master Club (Children)
- 7:00 - 7:45 Basic Course
- 7:00 - 8:00 B.B.C. (Yellow - Probation Black)
- 8:00 - 9:10 Master Club **(Adult Only)**

### Thursday

- 4:15 - 5:00 Basic Course (Children)
- 5:05 - 6:20 B.B.C. I & II (Yellow - Probation)
- 6:30 - 7:30 Basic Course & B.B.C. **(Adult Only)**
- 7:30 - 9:00 Competition Team **(Poomsae)**

### Friday (B.B.C. & M.C. - Free Sparring)

- 4:00 - 4:45 B.B.C. (4-6 Years Old)
- 4:45 - 5:45 B.B.C. I & II (Yellow - Probation)
- 5:45 - 6:55 Master Club (Children & Adult,), B.B.C. (Adult)

### Saturday

- 9:00 - 9:50 Basic Course (All Ages)
- 10:00 - 12:00 Competition Team **(Sparring)**
- 12:10 - 1:00 B.B.C. & Master Club (All Ages)

**\*\* Class Schedule Effective on January 5th, 2015 \*\***